

Pokagon State Park

8th Annual Pokagon Triathlon, Duathlon, Aquabike, & Steve Parker/ALS Benefit 5K Run/Walk - May 17, 2014

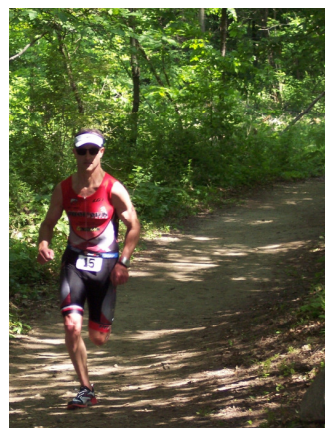
On Saturday, May 17, 2014, at 9:00am, Pokagon State Park will host the 8th Annual Pokagon State Park Triathlon, Duathlon, Aquabike and Steve Parker/ALS Benefit 5K Run/Walk utilizing resources within the park and out into Steuben County.



Participants can compete in Olympic or Sprint distances for both the Triathlon and the Duathlon, both being staged at the park's CCC Shelter. The Triathlon and Aquabike will involve a swim from the Pokagon main beach along the popular Lake James slalom ski course. The Triathlon, Duathlon, and Aquabike bike rides will traverse roads over the rolling terrain featuring the fields, forests and wetlands of rural Steuben County. All running portions of all events will cover the rolling and wooded trails of Pokagon State Park. All events will be staged at the CCC Shelter. The Steve Parker/ALS Benefit 5K Run/Walk will begin shortly after the Triathlons/Duathlons and traverse park trails.



To volunteer, register, and/or join as a sponsor for the event, visit www.americamultisport.com.



For overnight lodging at the Potawatomi Inn, contact www.indianainns.com, or call 260-833-2012 or 1-877-768-2928. For information on camping at Pokagon, contact www.camp.IN.gov, or call 1-866-6campIN.

On race day Saturday, there is the normal park entrance fee of \$5.00 for in-state vehicles or \$7.00 for out-of-state vehicles or you can use your annual entrance pass. Both are available at the park front gate.